OUTPATIENT REHABILITATION CENTER

Penn Highlands Elk



Comprehensive Care and Recovery from the very best.

Penn Highlands Elk features six fully equipped rehabilitation centers offering physical, occupational and speech services to better suit your needs. Each facility is staffed by quality therapists who evaluate and develop individually tailored rehabilitation programs for our patients.

TO SCHEDULE AN APPOINTMENT CALL 814-788-8490

PHYSICAL THERAPY

- Aquatic Therapy
- Concussion Care/ImPACT Testing
- Lymphedema Management Program
- Neurologic Rehabilitation
- Orthopedic Post-Surgical Rehabilitation
- Pain Management
- Pediatric Therapy
- Pelvic Floor Rehabilitation
- Strengthening Programs
- Vestibular, Balance and Fall Management

OCCUPATIONAL THERAPY

- Activities of Daily Living Training
- Hand Therapy
- Neurologic Rehabilitation
- Pediatric Therapy

INDUSTRIAL REHABILITATION

- Functional Capacity Assessments
- Job Function Descriptions
- Job Function Tests
- Work Conditioning Program

CARDIAC REHABILITATION

 Phase II Monitor Cardiac Exercise Program

SPORTS MEDICINE

• Athletic Training Programs

- Expressive and Receptive Language Programs
- Pediatric Therapy
- Pragmatics/Social Skills Training

LOCATIONS

EMPORIUM

A Service of Penn Highlands Elk 416 North Broad Street 814-486-7878

FOX TOWNSHIP

A Service of Penn Highlands DuBois 1100 Million Dollar Highway 814-788-8071

JOHNSONBURG

A Service of Penn Highlands Professional Group III and II3 Cobb Street 814-965-5279

KANE

A Service of Penn Highlands Professional Group 190 N. Fraley Street 814-837-8955

RIDGWAY

A Service of Penn Highlands DuBois 250 West Main Street 814-788-5534

ST. MARYS

A Service of Penn Highlands Elk 757 Johnsonburg Road 814-788-8490

SPEECH THERAPY

- Articulation Training
- Cognitive Therapy

