# North Fork Heights



Penn Highlands
WRC Senior Services
Advanced Medicine Here



**July 2024** 

## **Tenant Council Meeting**

 Held the 1<sup>st</sup> Monday of each month at 1pm in the Dining Room. No meeting will be held in July. All are encouraged & welcome to attend. Great opportunity to share your input, any interest for future events & socialization.

#### **July 4th Picnic Lunch**

Thursday July 4<sup>th</sup> at 1 P.M.
 Menu: Pulled Pork Sandwich
 Bring a Side Dish. Sign up
 Needed and it will come down
 On Monday June 28<sup>th</sup>. \$4.00 charge.
 Wear your red/white/blue

#### **EUM Church**

• No EUM Church Luncheon

## **Game Night**

Friday July 12th at 6 P.M. Left Right Center .Bring a drink of choice and Enjoy a night out with your Neighbors.

## 2<sup>nd</sup> Harvest Food Delivery

<u>Wednesday, July 3rd at 9am.</u> 1<sup>st</sup> Wednesday of each month at 9am in the Dining Room. Please stop in to pick up your box. Anyone in need of this service must qualify. Qualifications are listed on the bulletin board. For further information stop in at the office for an application.

## The Beauty Shop is open on Thursday's.

Please see the bulletin board to sign up for a time. It has been noticed that participation has been dwindling. Again if you don't support those bringing services into the building, it is likely that these services will be cancelled.

## Life's Garden

Negative thoughts
And negative deeds

Destroy life's garden As surely as weeds.

But a positive thought And a kind deed or two

Will bring forth bouguets From life's garden for you.

#### **Tenant Council Snack Bar**

There will be No Snack bar for the summer months, Thank you for your support of the tenant council. Will see you in the Fall.

#### **Hymn Sing**

Theresa Slike is back & volunteering her time twice a month for Hymn Sign. She will be here on Tuesday, July 9<sup>th</sup> & July 23rd at 6:30pm. Please stop in to say hello & enjoy singing with friends.

#### **Outside Events**

New events with Stormy - Both Weather permitting

Mondays & Wednesday at 10am meet in the lobby. Morning walk with Stormy & Dick, walk around the parking lot, the flag pole & maybe up to the Armory & back.

Tuesday & Thursday at 5pm meet in the lobby. Play fetch with Stormy & Jody in the field behind NFH. Good opportunity to get outside, get some fresh air & exercise with friends.

**Farmers Market Vouchers** Each participant received \$10 vouchers to use at local Farmer's markets now thru November 30,2024.

Patio Doors are open and patios are available for sitting outside. Enjoy the weather!!

## June and July Birthday Party

Friday July 26<sup>th</sup> at 5 P.M. Menu- Pizza and Birthday Cake \$5.00 Charge unless your birthday was or is June or July. Sign-up sheet.

## **Apartment Inspections are Done**

The Management would like to Thank you for your participation and The smooth process. If you keep up with your apartment on a weekly Basis your work is less and not stressful

If you keep up with your apartment on a weekly basis, then apartment inspections go smoothly. When you procrastinate working in your apartment, then it becomes stressful as you are trying to get it all done at the last minute.

## **Hands for Hope Mission Team**

Will be here Monday July 15<sup>th</sup> at 6 P.M. in the Dining Room. Hands for Hope Mission is a Team of Volunteers from 8 years old to some where in their 60's. There is no limit to the team size and new comers are Always welcome. A non-profit organization with members paying their own Travel costs and expenses. They just had a trip to Belize South America in April. The Fundraisers - Daffins Candy Bar Sales, Hoagies and Pizza and the latest Shannon's Catering that everyone here purchases are just some of their events they do to raise money and donations are welcome also. We are open for out- reach opportunities whatever GOD might call us to do. Thank you for your donation and everyone is encouraged to attend and we would appreciate your attendance .

## Jefferson County Fair

Sunday July 14<sup>th</sup> thru Saturday July 20<sup>th</sup> Sunday is FREE Admission Day 2 P.M. is Senior Activity 4 P.M. is Bingo with Brookville Relay for Life For all the Bingo lovers.

North Fork Heights 1

	North Fork Heights				J	luly 202	24 Activity Calend	dar					
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
		1		2	MadeinUSADay	3		4	IndependenceDay	5		6	
						9am	2nd Harvest		Нарру				
			NO Tenant	5pm	FetchwithStormy		Food Delivery		4th of July				
			Council Meeting										
		10a.m.	Walk with Stormy & Dick		Happy Birthday	10a.m.	WalkwithStormy& Dick	1pm	4th of July LUNCH		D: 4. I		
					Kay M Janice H						Happy Birthday Ruth W	6pm	Bingo
	World ChocolateDay	_		_	SugarCookieDay				BlueberryMuffinDay		Kull W		
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				10am	Patty Hurd			9am	Beauty Shop				
		10a.m.	Walk withStormy & Dick	F	Surprise	10a.m	WalkwithStormy&Dick			Const	Onesa Allesta		
				5pm 6:30p.m.	FetchwithStormy Hymn Sing			5p.m.	FetchwithStormy	6pm	Game Night LeftRightCenter		
	Happy Birthday			0.30p.III.	r lyllill Silly		Happy Birthday	ορ.III.	retaiwithStarry		LennightCenter	6pm	Bingo
	Kathy P	1					Harold S					Ории	Diligo
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4		15		10		17		10		19		20	
	Jefferson	10a.m.	WalkwithStormy& Dick			10a.m.	WalkwithStormy&Dick	9am	Beauty Shop				
	County Fair	6pm	Hands for Hope			1pm	Penn Highlands						
	Week	Оріп	Mission Team	5pm	FetchwithStormy	ТРІП	Resource day	5p.m.	FetchwithStormy				
				ор			& Blood Pressure Ck	- op	. Gronning			6pm	Bingo
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				6:30p.m.	Hymn Sing		•	1pm	Game Day				
			Happy Birthday						in the DiningRoom			6pm	Bingo
			Lois B					5p.m.	FetchwithStormy				
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		10a.m.	WalkwithStormy&Dick			10a.m.	WalkwithStormy&Dick						
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				5p.m.	FetchwithStormy								
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