



Tenant Council Meeting

- Held the 1st Monday of each month at 1pm in the Dining Room. Meeting will be November 4th. All are encouraged & welcome to attend. Great opportunity to share your input, any interest for future events & socialization.

Patty Hurd Surprise

Tuesday November 19th at 10 a.m.
In the Dining Room. Come and Enjoy a delectable treat and some Time with your neighbors.

EUM Church

- Thursday November 7th at Noon
In the Dining Room.
The New Minister her name is Peggy Senior and she would like to meet all of you so come and give her A warm welcome to North Fork.

Road Trip to Hoss's

Friday November 15th meet in Lobby at 1:00p.m. Sign-up Sheet and Drivers needed for Car pool all will be coordinated With Jody.

2nd Harvest Food Delivery

Wednesday, November 6th at 9am. 1st Wednesday of each month at 9am in the Dining Room. Please stop in to pick up your box. Anyone in need of this service must qualify. Qualifications are listed on the bulletin board. For further information stop in at the office for an application.

The Beauty Shop is open on Thursday's.

Please see the bulletin board to sign up for a time. If you need to change or cancel an appointment the Phone number 814-849-0836.

Birthday Party in November cancelled due to too Many Dinners – November and December Birthdays will be combined.

Thanksgiving Dinner by Tenant Council

Friday November 22nd at 1:00p.m.
Turkey-Stuffing-Gravy provided \$5.00 Charge
Sign-up sheet. We need side dishes and desserts to Complete the meal. Come and enjoy a meal with Your neighbors.

Denise Thompson Thanksgiving Day Meal

Thursday November 28th at Noon.
She is providing the Turkey, Ham and Sweet Potatoes. Desserts are needed.
Sign-up Sheet and No Charge.

Hazel's Ham and Scalloped Potatoes Friday November 1st at 5:30p.m.

November 2024

Tenant Council Snack Bar

Snack bar starting November 6th and 20th at 6:00pm in the Dining Room

Hymn Sing

Theresa Slike will be here on Tuesday, November 12th & November 26th at 6:30pm. Thanks to everyone for their participation we hope you will continue to support the Activities.

Housekeeping Reminders

In using the kitchen especially the stove it has been reported that it has been left dirty please remember to clean up after using it and the rest of the kitchen . In regards to garbage, your garbage bags need to be tied and if you can't lift them with one hand there **too heavy** . If you have a big item to have put in the dumpster you **must coordinate** it with the office. You can't set it beside the dumpster the garbage people will not take it and it must be a Thursday There will be a fee from Waste Management for removal of bigger items which you will be billed. Examples: mattress, reclining chair, wheel chairs and any other furniture items. **Smoking In your apartment is not allowed and NO SMOKING ON THE PREMISES. The tree with the chairs around it at the end of the property is the closet smoking area. Zero Tolerance to This!!!**

Patio Doors- Beginning November 3rd daylight savings time ends, the patio doors will stay locked.

New Tenants

Please welcome our newest tenant, Robert McCracken in A227. Stop in & introduce yourself & welcome him to his new home at North Fork Heights.

The American Sacrifice

Today we celebrate many veteran some old and some young
Some have lost more than just a glove
And for all we are thankful for your defense
Even though we know, most moments were tense
We are grateful that you're braver than a knight
Most people think freedom is free
But without a veteran we'd be on one knee
Words could never be enough
To give them what their due
When America had a compelling need
Without hesitation they stepped into the fight
They sacrificed everything
IN return, we pay a tribute by celebrating Veterans Day
My family knows a thing or two about sacrifices
Because my dad, grandma, grandpa, great grandpa, and my
Great grandma were all!

Veterans Day

Take a minute to remember those who are no longer with us. Thank our Veterans, current and past, who sacrificed for our freedom. Thank you to **Robert Teeter and Richard Atchison**, North Fork Heights tenants, for your service!

Fun Thanksgiving Word Search

Find all the words that remind of us Thanksgiving & return by November 11th. All completed word searches will be entered for a drawing of a Daffin's Candy bar. Winner will get to choose the kind of candy bar of their choice. Choices are:
Peanut Butter, Milk Chocolate, Dark Chocolate, Carmel, Pretzel, Crisped Rice And Almond

These candy bars are available any time from Becky in the office. Just let the office know if you want any. Mike Smith from the Hands for Hope Mission team keeps the office supplied. Candy bars are \$1.00 each. All proceeds from the candy bar sells benefit the Hands for Hope Mission team.

North Fork Heights

November Activities Calendar 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
Events Coming: Door Decorating Contest in December	Events Coming: Letters to Santa in December				5:30pm	Hazel's Ham & Scalloped Potato Dinner in the Dining Room 6pm Bingo
3	4	5	6	7	8	9
Daylight Saving Time Ends	1p.m. Tenant Council Meeting InDiningRoom	Election Day Don't Forget to Vote	9a.m. 2nd Harvest Food Delivery 6-7pm Tenant Council snack bar	9am Beauty Shop 12noon EUM Church Luncheon inDining Room		6pm Bingo
10	11	12	13	14	15	16
	Veterans Day	6:30p.m. Hymn Sing		9am Beauty Shop	1p.m. Jody's Road trip Luncheon to Hoss's in Dubois Sig-up	6pm Bingo
17	18	19	20	21	22	23
		10am Patty Hurd Surprise intheDiningRoom Sig-up	1p.m. PennHighlands Resource & Blood Prssure Clinic 6-7pm Tenant Council snack bar	9am Beauty Shop	1:00p.m. Thanksgiving Dinner sponsored by tenant council Sign-up needed	6pm Bingo
24	25	26	27	28	29	30
		6:30pm Hymn Sing	Happy Birthday Donna C.	Happy Thanksgiving 12noon Meal for anyone alone, hosted by Denise Thompson Sign-up needed inDiningRoom		6pm Bingo

Calendar subject to change

North Fork Heights

Main Line:

814-849-0814



Penn Highlands WRC Senior Services
Advanced Medicine. Here.