

## Medical Care Delivered to Your Door

You can work from home, bank from home, even grocery shop from home. So why not heal at home?

**Penn Highlands Home Health Care can help you do just that. We offer complete short-term medical care specifically designed to help you recover at home from illness, injury, or surgery.**

Working hand-in-hand with your doctor, we will develop a customized plan to provide you with all of the medical services you need to recover safely. Our team includes expertly trained medical professionals, including skilled nurses, rehabilitation therapists, and specialists in infusion therapy, wound care, pain management and more.

**Penn Highlands Home Health Care is rated in the top 25% of Medicare-certified home health providers in the nation. We have been recognized for excelling in high-quality outcomes.**

**Schedule your in-home assessment today by calling 1-800-841-9397.**

*Penn Highlands Healthcare at Home provides quality home health care regardless of race, religion, creed, national origin, ancestry, age, sex, lifestyle, value/belief system, handicap (as defined by law) or financial status.*



### Other Comprehensive Personalized Services

Penn Highlands Healthcare at Home also provides a full range of services to help our clients maintain their health and independence in their own home:

**Adult Day Services:** Located in St. Marys, our center provides an interactive, safe, supervised environment for adults with a dementia-related disease or other organic brain syndrome/physical limitations. We offer a reliable source of support and respite for family caregivers.

**Palliative Care:** Services to address the physical, emotional, and spiritual needs of patients with complex or chronic diseases to help achieve the highest quality of life possible.

**Hospice Care:** Medical care, pain management, and emotional-spiritual support for patients at the end of life and their families. We provide care in the patient's home nursing homes or skilled nursing facilities.

### Penn Highlands Healthcare at Home Home Health Services

To learn more about any of the home health care services provided by Penn Highlands.

**Please call us at 800-841-9397.**



[www.phhealthcare.org/homehealth](http://www.phhealthcare.org/homehealth)

# Home Health Services

## Penn Highlands Healthcare at Home

Heal at Home. In-home skilled nursing, rehabilitation and other medical care to help you recover from surgery or illness



# Helping You Recover in Your Home

If you or a loved one needs medical care at home to help recover from a recent surgery, hospitalization, or severe illness, we are here to help. We provide the highest quality professional home care throughout central Pennsylvania.

## WHAT IS HOME HEALTH CARE?

Home health care is a specialized type of expert medical care designed to help patients who need short-term health care but don't need to be in the hospital. Working with your physician, we will help create a personalized home health care plan that meets your needs – and qualifies for insurance coverage, if possible.

Penn Highlands Home Health Care provides comprehensive professional medical care, including:

- Skilled nursing care, including assessment of symptoms and medical care that needs to be provided by a trained professional
- Pain management
- Incision and wound care
- Medication administration, including injections and infusions
- Nutrition therapy (tube or IV feeding)
- Patient and caregiver education, including incision care, medications, nutrition and other medical care
- Physical, occupational, and speech therapy
- Help with bathing, toileting, and personal care
- Assistance finding community resources for help with meals, advance directives, and financial counseling
- Spiritual care

## ARE HOME HEALTH CARE SERVICES PAID FOR BY INSURANCE?

Home health care is a professional medical service,

equal to the care you receive in your doctor's office or in the hospital. Like that medical care, home health care is usually paid for by Medicare, Medicaid, and most private insurance plans depending on your condition and the services you receive. We work closely with your doctor to ensure that our services are medically necessary. Our health benefit advisors can help you understand the services offered through home health care, your insurance coverage and your out-of-pocket costs along with payment options.

## HOW DO I QUALIFY FOR HOME HEALTH CARE?

A physician referral is required to qualify for home health care services paid for by your insurance plan. In addition, you will need to meet the following criteria:

- Require skilled nursing care, physical or occupational therapy, or speech language pathology services
- Be homebound
- Have a safe home environment

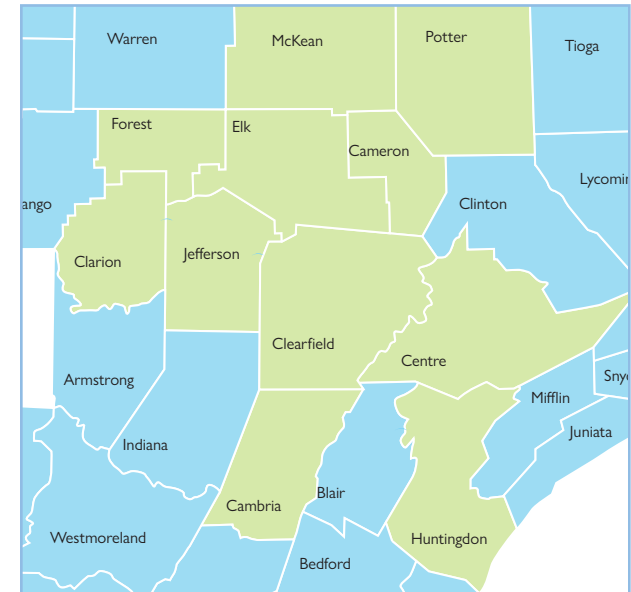
## HOW MANY HOME HEALTH CARE VISITS DO I GET?

Once you qualify for home health services, Penn Highlands Home Health Care providers will visit your home one or two times a week, or more if ordered by your physician. Depending on your needs, you may be seen by:

- Registered nurses who provide skilled nursing care
- Physical, occupational, and speech therapists to assist with rehabilitation after surgery, injury, or illness
- Specialists who provide pain management, incision and wound care, medication administration including infusion therapy, and nutrition therapy including tube or IV feeding

## WHERE CAN I GET HOME HEALTH SERVICES?

Penn Highlands Home Health has offices in DuBois, Clearfield, Huntington, and St. Marys and provides services in Cambria, Cameron, Centre, Clarion, Clearfield, Elk, Forest, Huntingdon, Jefferson, McKean, and Potter counties.



## THE BEST PROFESSIONAL HOME CARE IN PENNSYLVANIA

Penn Highlands Home Health Care isn't just committed to saying we're the best—we have the awards and accreditations to back up our professional home care:

- 2024 Courier Express Reader's Choice - Penn Highlands Healthcare at Home, Best Home Health Care Facility
- 2024 The Jeffersonian Democrat Reader's Choice Award - Home Health Care
- 2023 The Ridgway Record and The Daily Press Best of Elk County Reader's Choice Award - First Place
- 2023 Home Care Pulse Best of Home Care Leader in Training
- 2023 Jefferson County Readers' Choice Award - Favorite Home Health Care Agency