



Penn Highlands Healthcare at Home

Adult Day Services

625 Maurus Street
St. Marys, PA

Open Monday through Friday
7:30 AM - 5:00 PM
(except holidays)

**To learn more or
schedule a tour, please call
814-781-8253.**

www.phhealthcare.org/adultday

Penn Highlands Adult Day Services, administered by Penn Highlands Healthcare at Home, provides services to all qualified adults regardless of race, religion, creed, national origin, ancestry, age, sex, lifestyle, value/belief system, handicap (as defined by law) or financial status.



Adult Day Services

**Penn Highlands
Healthcare at Home**

Adult Day Services in St. Marys, PA



ADULT DAY SERVICES

For adults with dementia or other organic brain syndrome/physical limitations who require daytime supervision because of a mental or physical impairment, the Penn Highlands Adult Day Center in St. Marys offers an affordable alternative to assisted living or nursing home placement.

Our medically supervised day service is an activity-oriented program designed to improve the quality of life for adults with Alzheimer's, dementia, or other mental and physical disabilities who may be at risk of long-term placement. It also offers an affordable respite for caregivers.

Individuals who need daily care but wish to remain in their current living situation will find a safe and comfortable environment with opportunities for meaningful activities, new friendships, and companionship, all under the supervision of professionally trained personnel. At the Adult Day Center, your loved one will enjoy:

- Cards, board games, and puzzles
- Crafts
- Baking
- Coffee and conversation
- Personal care
- Nutritious lunches and snacks

CARING FOR THE CAREGIVERS

Count on Penn Highlands Adult Day Center to care for your loved one so you can rejuvenate and take care of your needs. Adult day services are not covered by Medicare or private health insurance. However, the Veterans Administration, Pennsylvania OPTIONS Program, Community HealthChoices Managed Care Waiver, and some long-term care insurance plans may pay for this service for eligible individuals. We provide affordable rates for self-paying families.



Other Comprehensive Personalized Services

Penn Highlands Healthcare at Home also provides a full range of services to help our clients maintain their health and independence in their own home:

Home Health Care: Short-term skilled nursing, rehabilitation and other medical services to help patients recover from surgery, a severe illness, or treatment from a medical condition.

Hospice Care: Medical care, pain management, and emotional-spiritual support for patients at the end of life and their families. We provide care in the patient's home, nursing homes or skilled nursing facilities.

Palliative Care: Services to address the physical, emotional, and spiritual needs of patients with complex or chronic diseases to help achieve the highest quality of life possible.
