

Highland Oaks at Water Run

January 2025 Activity Calendar

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
						1	Happy New Year!	2		3		4	
						10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl
						10:45AM	New Year Trivia	10:45AM	True Or False 2nd Fl	10:45AM	Did You Know? 2nd Fl	1:30PM	Movie
								1:30PM	Sing Along 2nd Fl	1:30PM	Bingo in DR		
								3:00PM	Bible Study w John	3:30PM	One on Ones		Cards, Puzzles & Board Games Available
						1:30PM	Book Reading 2nd Fl						
						3:00PM	Nail Painting 2nd Fl						
							Happy Birthday Larry!						
5		6		7		8		9		10		11	
10:30AM	Mass MPR	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl
10:30AM	Joyce Meyer on TV 2nd Fl	10:45AM	Brain teasers 2nd Fl	10:45AM	Name Something Positive...2nd Fl	10:45AM	Zoomed In Picture 2nd Fl	10:45AM	Blurt 2nd Fl	11:00AM	Noodleball 2nd Fl	10:45AM	Hedbandz 2nd Fl
		1:30PM	Bingo in DR	1:30PM	Cornhole 2nd Fl	11:00AM	Basketball 2nd Fl	1:30PM	Drum Circle 2nd Fl?	1:30PM	Movie 2nd Fl	1:30PM	Bingo in DR
	Cards, Puzzles & Board Games available	3:30PM	Women's Devotion with Gina MPR	2:15PM	Communion/Rosary 3rd Fl			3:30PM	Bible Study w John 2nd Fl			3:30PM	Noodleball 2nd Fl
	Happy Birthday Sarah!	3:30PM	Men's Coffee Social DR	3:30PM	Hymn Sing w Karen 3rd Fl	1:30PM	Book Reading 2nd Fl						
						3:00PM	Pool Noodle Hockey 2nd Fl		Happy Birthday Judy C!				Happy Birthday Jane H!
									Happy Birthday Alista!				
12		13		14		15		16		17		18	
9:45AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl
10:30AM	Mass MPR	10:45AM	Short Stories 2nd Fl	2:15PM	Communion/Rosary 3rd Fl	10:45AM	Let's Laugh 2nd Fl	10:45AM	Trivia 2nd Fl	10:45AM	Loaded Questions 2nd Fl	1:30PM	Movie 2nd Fl
10:30AM	Joyce Meyer on TV 2nd Fl	1:30PM	Bingo in DR					1:30PM	Noma, the dog, visits! 2nd Fl	1:30PM	Bingo in DR		
2:00PM	Clarion Bible Fellowship MPR	3:30PM	Hymn Sing with Karen 3rd Fl	3:00PM	Keridwyn MPR			3:00PM	Bible Study w John 2nd Fl	3:30PM	January Birthday Party DR		Cards, Puzzles & Board Games Available
3:30PM	Kickball 2nd Fl					1:30PM	Book Reading 2nd Fl						
						3:00PM	Bible Study w Beth 2nd Fl						
							Happy Birthday Vera!						
19		20		21		22		23		24		25	
10:30AM	Mass MPR	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl
10:30AM	Joyce Meyer on TV 2nd Fl	10:45AM	Blurt 2nd Fl	10:45AM	Do Something Positive...2nd Fl	10:45AM	Hedbandz 2nd Fl	10:45AM	Finish the Phrase 2nd Fl	10:45AM	Lizzie & November plus Viola visit	10:45AM	Trivia 2nd Fl
		1:30PM	Bingo in DR	1:30PM	Sing & Play piano with Paul 3rd Fl			1:30PM	Jeopardy 2nd Fl	1:30PM	Movie 2nd Fl	1:30PM	Bingo in DR
	Cards, Puzzles & Board Games available	3:30PM	One On Ones	2:15PM	Communion/Rosary 3rd Fl	1:30PM	Book Reading 2nd Fl	3:30PM	Bible Study w John 2nd Fl	1:30PM		3:30PM	Let's Bowl 2nd Fl
				3:00PM	Trivia 2nd Fl	3:30PM	Noodleball 2nd Fl						Happy Birthday Tom & Janet
26		27		28		29		30		31			
9:45AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:00AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl	10:15AM	Exercise 2nd Fl		
10:30AM	Mass MPR	10:45AM	Did You Know? 2nd Fl	11:00AM	Noodleball 2nd Fl	11:00AM	Resident council Meeting MPR	10:45AM	Blurt 2nd Fl	10:45AM	Loaded Questions 2nd Fl		
10:30AM	Joyce Meyer on TV 2nd Fl	1:30PM	Bingo in DR	1:30PM	Movie 2nd Fl			1:30PM	Headbanz Game 2nd Fl	1:30PM	Bingo in DR		
1:30PM	Family Feud 2nd Fl	3:30PM	Ping Pong 2nd Fl					3:30PM	Bible Study w John 2nd Fl	3:30PM	Can You Name 3?		
3:00PM	Spot the Difference 2nd Fl					1:30PM	Book Reading 2nd Fl						
						3:30PM	Balloon Volleyball 2nd Fl						

Calendar subject to change

Highland Oaks

814-226-3799



Penn Highlands WRC Senior Services
Advanced Medicine. Here.