



# KEITH L. ZELIGER, DO

## ORTHOPEDIC SURGERY

Keith L. Zeliger, DO, is a board-certified orthopedic surgeon, who provides comprehensive orthopedic care. He has extensive training and experience in diagnosing and treating bone and joint issues caused by trauma and life's wear-and-tear, including torn ligaments, rotator cuff injuries, knee and shoulder disorders, problems that require total joint replacement and many other common conditions, such as carpal tunnel syndrome and trigger finger.

**Medical School** - Philadelphia College of Osteopathic Medicine, Philadelphia, PA

**Internship** - General Surgery, Community General Osteopathic Hospital, Harrisburg, PA

**Residency** - Orthopedic Surgery, Community General Osteopathic Hospital, Harrisburg, PA

**Fellowship** - Orthopedic Surgery, Delaware County Memorial Hospital, Philadelphia, PA; Sports Medicine and Arthroscopic Surgery, Delaware County Memorial Hospital, Philadelphia, PA; Orthopedic Trauma, Jackson Memorial Hospital, University of Miami, Liberty City, FL

**Member** - American Association of Osteopathic Specialists

**Member** - American College of Osteopathic Surgeons

**Member** - American Osteopathic Academy of Orthopedics

**Member** - American Osteopathic Association

**Member** - Pennsylvania Osteopathic Medical Association

**Member** - Pennsylvania Orthopedic Society

### COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Achilles tendon repair
- ACL repairs
- Ankle ligament reconstruction
- Arthroscopic and open rotator cuff repair
- Arthroscopic knee and shoulder reconstruction
- Carpal Tunnel
- Joint injections
- Total joint replacement of the hip and knee
- Trigger finger
- Tennis elbow

**To make an appointment, contact the office or visit [phhealthcare.org/orthopedics](http://phhealthcare.org/orthopedics) to learn more about Orthopedic Surgery services available at Penn Highlands.**

### PENN HIGHLANDS ORTHOPEDICS AND SPORTS MEDICINE

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Accepting major insurances.

