



JOSIE CARTWRIGHT, MSN, CRNP, FNP-BC

PLASTIC, RECONSTRUCTIVE AND COSMETIC

Josie Cartwright, board certified Family Nurse Practitioner, sees patients alongside Dr. Ryan Rice at Penn Highlands Plastic, Reconstructive and Cosmetic Surgery. She provides non-invasive cosmetic treatments, including laser skin treatments and injectables, as well as evaluation and management of hand conditions such as carpal tunnel syndrome and Dupuytren’s contracture. She assists Dr. Rice in the Operating Room with all of his surgical procedures.

Education – Bachelor of Science, Nursing, Penn State University, State College, PA; and a Master of Science in Nursing, Simmons College, Boston, MA

Certification - Family Nurse Practitioner by the American Nurses Credentialing Center

COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Evaluation, pre- and postoperative management of carpal tunnel syndrome, ulnar neuropathy
- Evaluation of stenosing tenosynovitis/trigger finger injections
- Evaluation and management of Dupuytren’s contracture
- Evaluation and management of skin lesions, skin cancers, scars, moles, etc.
- Dermal filler injections - Juvederm, Restylane and Bellafill
- Neurotoxin injections - Botox, Dysport and Jeuveau
- Laser skin treatments, Acne laser treatment, dyschromia (brown spot) and vascular lesions, laser hair reduction, micro-laser peel, facial rejuvenation
- 3D nipple tattooing
- Skin care products

To find out more about the **Plastic, Reconstructive and Cosmetic Surgery services at Penn Highlands Healthcare**, visit www.phhealthcare.org/plastic.

PENN HIGHLANDS PLASTIC, RECONSTRUCTIVE AND COSMETIC SURGERY

A Service of Penn Highlands DuBois

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Accepting major insurances.

